

Taegeuk Yook Jang

Pattern A 1t2t3r	Poom	Eyes/ Dir	Move Action	Stance	Techniques			
					Lhand	Rhand	Lfoot	Rfoot
Home	-	N	Junbi	Parallel	Junbi			
1st Line	1	W	90 CCW, pivot on R, put forth L	Front-L	Low	○		
	2	W	R front kick					Front-K
			place back	R-Back	Out	○		
	3	E	180 CW, pivot on L, put forth R	Front-R	○	Low		
4	E	L front kick					Front-K	
		place back	L-Back	○	Out			
Trans	5	N	90 CCW, pivot on R, put forth L	Front-L	○	Kn-Twist		
2nd Line	6	N	R roundhouse kick					RoundH-K
			step down					
	7	E	90 CCW, put forth L	Front-L	Out-High	○		
					○	●		
	8	W	R front kick					Front-K
			step down	Front-R	●	○		
9	W	180 CW, put forth R	Front-R	○	Out-High			
				●	○			
3rd Line	12	N	L front kick				Front-K	
			step down					
13	E	270 CCW, put forth R	Front-R	○	Low			
14	W	L front kick					Front-K	
		place back	L-Back	○	Out			
15	W	180 CCW, put forth L	Front-L	Low	○			
16	N/S	R front kick					Front-K	
		place back	R-Back	Out	○			
Return	16	N/S	90 CCW, pivot on L, step back R	R-Back	2-Knife-L			
	17	N/S	step back L	L-Back	2-Knife-R			
	18	N/S	step Back R	Front-L	PH-In			
					○	●		
	19	N/S	step Back L	Front-R		PH-In		
					●	○		
Home	-	N	retrieve R	Parallel	Baro			