

Taegeuk Pal Jang

Pattern C	Poom	Eyes/Dir	Move Action	Stance	Techniques				
					Lhand	Rhand	Lfoot	Rfoot	
Home	-	N	Junbi	Parallel	Junbi				
Trans	1	N	put forth L	R-Back	Out	<<<			
	2	N	push forward L	Front-L	○	●			
	3	N	double jumping front kick, KiHap!					Front-K2	Front-K1
			put forth L	Front-L	In	○			
					○	●			
4	N	step R	Front-R	○	⊙				
3rd Line	5	E/W	270 CCW, put forth L	Front-R	Low	S Mountain			
	6	E	180 CW, push forward L	Front-L	Pulling Upper Cut				
	7	W	step L	Cross-Front-L					
		W/E	put forth R	Front-L	S Mountain	Low			
8	W	180 CW, push forward R	Front-R	Pulling Upper Cut					
Trans	9	N	270 CCW, pivot on L, step back R	R-Back	2-Knife-L				
	10	N	push forward L	Front-L	○	●			
	11	N	R front kick					Front-K	
		N/S	step back R						
	N/S	step back L	Tiger-R	○	PB-Dn				
2nd Line	12	W	90 CCW, pivot on R, put forth L	Tiger-L	2-Knife-L				
	13	W	L front kick				Front-K		
			step down L	Front-L	○	●			
	14	W	retrieve L	Tiger-L	PH-In	○			
	15	W	180 CW, pivot on L, put forth R	Tiger-R	2-Knife-R				
	16	W	R front kick					Front-K	
step down R			Front-R	●	○				
17	W	retrieve R	Tiger-R	○	PH-In				
Trans	18	S	90 CW, put forth R	L-Back	>>>	Low			
	19	S	L front kick				Front-K		
			R jumping front kick, KiHap!				Jump-FrK		
			step down R	Front-R	○	In			
				●	○				
				○	⊙				
1st Line	20	W	270 CCW, put forth L	R-Back	Knife-Out	○			
	21	W	push forward L	Front-L	○	Elbow-Turning			
	22	W			○	BF			
	23	W			⊙	○			
	24	E	180 CW, put forth R	L-Back	○	Knife-Out			
	25	E	push forward R	Front-R	Elbow-Turning	○			
	26	E			BF	○			
27	E			○	⊙				
Home	-	N	90 CCW, pivot on R	Parallel	Baro				